Mandeville Primary School

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Dear Parents/Carers

Re: Supporting Learners at Home: A Parent Guide to Mindsets, Learning Behaviours and Metacognition



- **Mindsets** – the beliefs we have about ability and growth, and importantly, those beliefs we have about ourselves and our capabilities.
- **Learning behaviours** – the behaviours and habits that contribute positively to our learning.
- **Metacognition** – an understanding and awareness of the learning process and our own thinking and development.

At Mandeville, we work hard to embed positive learning mindsets and behaviours, and help pupils develop metacognitive skills. We have been talking about the importance of this in assemblies and children have been exploring it in their classrooms too.

Understandably, you may not be familiar with our approach in school. Knowing the central role that you have in supporting your child's learning, we would like to share an e-learning video with you. This outlines key thinking and principles about mindsets, learning behaviours and metacognition, as well as offering practical ideas and useful tips for use at home.

Please see the link below to the video, which lasts approximately 30 minutes.
https://vimeo.com/536271559/a42264971d

I am sure that your child will benefit from a powerful and consistent message from both home and school in relation to this, as it will help us to develop children's self-belief, confidence and independence as learners.

"If parents want to give their children a gift, the best thing they can do is to teach their children to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning."
Carol Dweck, Educationalist

As always, if you have any queries, please do not hesitate to get in touch.

Yours faithfully

Miss Kara Hales
Headteacher