

Playdough Recipes

Rubbery Playdough

2 cups baking soda
1 1/2 cups water
1 cup cornflour

Mix with a fork until smooth. Boil over medium heat until thick. Spoon onto plate or wax paper.

Nature's Playdough

1 cup flour
1/2 cup salt
1 cup water
2 tablespoons oil
2 tablespoons cream of tartar
beetroot, spinach, and carrot juice

Mix flour, salt and oil, and slowly add the water. Cook over medium heat, stirring until dough becomes stiff. Turn out onto wax paper and let cool. Knead the playdough with your hands until of proper consistency. Use as is, or divide into balls and add a few drops of the vegetable juices to make green, pink, and orange.

Baking powder Playdough

2 cups flour
1 cup salt
2 tablespoons baking powder
1 cup water
2 tablespoons oil
liquid food colouring

Pour dry ingredients into large pan. Stir together to mix. Stir oil and food colouring into the water. Pour liquid into the dry ingredients while mixing, squeezing and kneading the playdough. If too sticky, add more flour. Keeps best in the fridge.

Just Like the Real Playdough

1 cup flour
1 cup water
1 tablespoon oil
1 tablespoon baking powder
1/2 cup salt
2 tablespoons vanilla
food colouring

Mix all dry ingredients. Add oil and water. Cook over medium heat, stirring constantly until reaching the consistency of mashed potatoes. Remove from heat and add vanilla and food colouring. Divide into balls and work in colour by kneading the playdough.

Porridge Play dough

Water
Flour
Food Colouring
Porridge oats
Bowl

To make the playdough pour a few drops of food colouring into a jug of water. Pour some flour into a bowl and gradually stir in the water, if the colour of the flour looks too pale add some more food colouring to the mixture. If the mixture is too dry and does not combine, add some more water, and if it is too wet or sticky add more flour. Knead the mixture with your hands so that the playdough is fully coloured and no longer sticky, and you have a nice consistency to the dough. Once the dough has been made knead the Porridge oats into the dough until you get the desired effect. The children can now play and mould their dough to make their own creations.

Cloud Playdough

1 cup water
1 1/2 cups vegetable oil
6 cups flour

Add a few drops of food colouring to water. Combine water, oil and flour in a large bowl. Knead well. Add more water if necessary in small amounts until the dough is soft and stretchy. Cloud dough should be used on a washable surface for it is very greasy.

Chocolate Playdough

3 cups sugar
6 tbs cocoa
3/4 cup powdered milk
1/2 cup butter room temperature (no substitutes)
1/2 cup golden syrup
1 tsp vanilla

Mix and knead by hand until desired consistency (something like a Tootsie Roll). One can shape all kinds of things with this dough.